

Member services

International Employee Assistance Programme

Specialist advice tailored to your unique situation.



You have access to an Employee Assistance Program specially designed for our members and their families. You and each of your dependents named on the policy have 24/7 access to confidential support services provided by multi-lingual experts with expatriate experience.

This service can be used to help you manage a wide range of challenges including loneliness, adapting to new cultures, personal or emotional impacts of relocation, stress, anxiety, and depression. With our independent and confidential support service, you can access specialist advice tailored to you or your dependents.

To access the International Employee Assistance Service, you can call the local number from your country as listed on the workhealthlife.com site, or call +1 905 886 3605 and request a callback.